

CONFERENCE AGENDA

Lymphedema 2009 Conference Saturday November 7

CNIB Centre
1929 Bayview Ave
Toronto, Ontario

*Hosted by the
Lymphovenous
Association of Ontario
with the generous support
of our sponsors*

Diamond



Platinum



Gold



Bronze



7:30am Registration, Continental Breakfast and Open Visit to Exhibitors

8:30am Welcome and Introduction to the Lymphovenous Association of Ontario
Anna Kennedy, LAO Executive Director

8:45am Why We Do What We Do – A family's perspective of living with lymphedema
Kim Avanthay, Mother of a child with lymphedema

9:00am **PLENARY SESSION- LYMPHEDEMA: AN INTERNATIONAL PERSPECTIVE**
The International Lymphoedema Framework – The beginnings and successes in the U.K., the Best Practices Document and development of other Frameworks around the world – *C.Moffatt*
Aid to Developing Countries – A glimpse of how the Co-Directors of the Canadian Lymphedema Framework shared their lymphedema and wound expertise while teaching medical professionals in Uganda – *D. Keast*
Lymphedema Treatment Developments - An overview of laser and hyperbaric oxygen treatment utilized in the USA and abroad – *A. Cheville*
Innovative Solutions –A short video of the IAD program in India focusing on self management involving family and community involvement

10:30am Health Break and Open Visit to Exhibitors

11:00am **BREAKOUT SESSION (PATIENTS)**
Understanding Lymphedema and Treatment
The causes, risk factors and triggers for lymphedema, the importance of early detection and medical and holistic treatment methods
- *A. Cheville*

BREAKOUT SESSION (HEALTH PROFESSIONALS)
The Psychosocial Impact of Lymphedema
Findings of psychosocial research in the U.K. – *C. Moffatt*
A sociologist's and clinician's perspective of the Canada wide research project on disability following breast cancer treatment
– *R. Thomas-Maclean and A. Towers*

12:00pm Buffet Lunch. Open Visit to Exhibitors plus AGM luncheon for LAO members

1:30pm **CONCURRENT WORKSHOPS**

Practicalities for Daily Living with Lymphedema	Evidence for Exercise and Lymphedema
Special Interest Networks	Wound Care and Lymphedema

2:30pm Health Break and Open Visit to Exhibitors

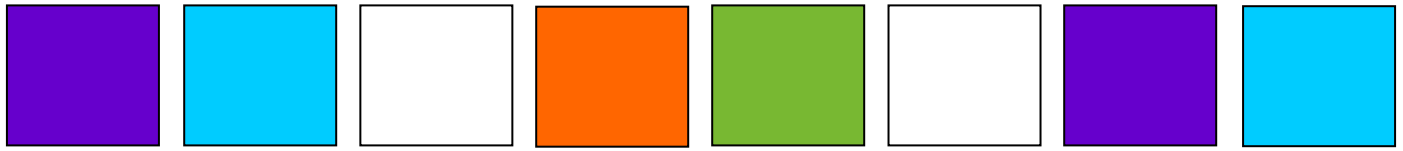
2:45pm **CONCURRENT WORKSHOPS**

Go with the Flow Exercise	Compression Best Practices
Lebed Method Exercise	Problem Solving/Review of Case Studies

3:45pm Health Break

4:00pm **PLENARY SESSION (Patients and Health Professionals)**
Expert Panel Discussion
An opportunity to direct questions to the expert medical presenters

5:00pm Closing and Adjournment



LYMPHEDEMA 2009 Saturday, November 7

Step 1. Provide us with your personal information

Name _____ Badge Title (e.g. RN, RMT..) _____
 Email (for confirmation) _____
 Address _____ City _____ Province _____
 Postal Code: _____ Telephone: _____
 Where did you hear about our conference?: _____
 This is my first conference. Special requirements? (eg. Accessibility, diet) _____

Step 2. Select your registration option (pricing includes complimentary breakfast and lunch)

Register and pay by September 15 for best pricing and first choice of workshops	Payment received before September 15		Payment received after September 15	
	LAO Member	Non Member	LAO Member	Non Member
Individual patient, family member or friend	<input type="checkbox"/> \$55	<input type="checkbox"/> \$75	<input type="checkbox"/> \$75	<input type="checkbox"/> \$90
Family (2 persons*) One form per person	<input type="checkbox"/> \$100	<input type="checkbox"/> \$125	<input type="checkbox"/> \$120	<input type="checkbox"/> \$150
Health Professional, therapist, fitter	<input type="checkbox"/> \$160	<input type="checkbox"/> \$200	<input type="checkbox"/> \$200	<input type="checkbox"/> \$250

I would like to purchase a one year membership and be eligible for the discounted LAO member pricing above, and receive a one year subscription to *Lymphedema Matters*. (renewals for existing members are encouraged as well)

Fees: Individual Patient:\$40 Family:\$55 Health Professional, Fitter, Vendor \$125 CDT Therapist \$175

Members Only: I will be attending the LAO Annual General Meeting/Lunch during the conference mid-day break

Step 3. Select your method of payment

TOTAL OWING \$ _____

Cheque (payable to the Lymphovenous Association of Ontario) Mastercard Visa American Express
 Card Number _____ Expiry Date (mm/yy) _____
 Name on Card _____ Signature _____ Date _____

Step 4. Choose your workshop options (call the LAO for more detailed descriptions)

	Patients	Health Professionals
1:30pm (select one)	<input type="checkbox"/> Practicalities for Living with Lymphedema A hands-on workshop to learn and practice Manual Lymph Drainage self massage routines, and review the ADP reimbursement process for Ontario Indicate if you have <input type="checkbox"/> Upper or <input type="checkbox"/> Lower lymphedema <input type="checkbox"/> Special Interest Networks - an opportunity to meet and share unique experiences with others	<input type="checkbox"/> Evidence Base for Exercise and Lymphedema A scoping literature review on exercise, an overview of the Go with the Flow project and personalizing exercise solutions for the lymphedema patient <input type="checkbox"/> Wound Care and Lymphedema - basics for therapists and clinical nurses treating lymphedema
2:45pm (select one)	<input type="checkbox"/> Go with the Flow Exercise - Get your lymph flowing and help manage lymphedema and its risks <input type="checkbox"/> Lebed Method Exercise - An introduction and demonstration of some of the basic movements	<input type="checkbox"/> Compression Best Practices - An overview of the Best Practices template launched in the U.K. <input type="checkbox"/> Problem Solving - Clinicians and therapists review three separate case studies

Step 5. Mail (if cheque) or fax this completed form and payment to:

THE LYMPHOVENOUS ASSOCIATION OF ONTARIO

4161 Dundas Street West, Toronto, Ontario M8X 1Y2 • phone 416-410-2250 • fax 416-236-7604 lymphontario@yahoo.com

Committed to improving the lives of people living with lymphedema